

Dan Ouellette, CME Executive Director



Dan is an experienced Executive Director with a strong focus on creating a sense of "home" in his work. His extensive background in housing and human services equips him with a deep understanding of individual needs and the ability to effectively manage expectations in a complex field. You can often find him walking the properties or attending meetings nearly every month. Don't hesitate to stop him for a quick hello—he's always happy to connect!

#### Dear Residents,

I am glad to see this Newletter so SHA can get some news out that's not just "business". There is A LOT of information out there. Scituate brings so many services to our residents that we cannot keep it quiet. AND—if any of YOU find deals or services we would love to get that information—to share with your neighbors. The collection of resources will help ALL of us.

In my short time at Scituate Housing Authority, I've kept an open door and spent time just listening. Those concerns we could address right away were accomplished. The new Grounds Policy might be the biggest change, opening some personal landscape for your homes. AND we look forward to Spring Blooms at Lincoln Park and Central Park. If you want to volunteer some gardening skills, call Cullen!

Clearly, some issues take longer to resolve, but we keep plugging away. Come to our meetings to see What's Happening!

### Say "Hello" to the office!

#### Sarah McManus

Leased Housing Manager

#### Leila Hill

Bookkeeper Program Representative Sarah has a background in Commercial Property Management and has worked with Tenants in London, Chicago and now Scituate! She is originally from Mass, grew up in Illinois, and spent many years in Europe. She's settled with her family, golden retriever and two rescue cats on the South Shore.

Leila comes from work in the private sector and has experience as a Finance Manager for a privately held International Freight Forwarding Company. She has been with SHA for two years and enjoys assisting tenants and applicants. She is a longtime resident of the South Shore.

Cullen comes to us holding a Masters Degree from Boston College School of Social Work, with experience in municipal government and adult community clinical services in the Greater Boston Area. He is a Licensed Clinical Social Worker and Scituate townie.







Cullen Sweeney, LCSW with experience in mu Resident Service Coordinator government and adult



Wednesday September 18th 2024 marked the first annual September-Fest at Central Field. This celebrated a new partnership between Scituate Housing Authority, Launch Cohasset, and Scituate Senior Center. Participants enjoyed great food courtesy of Launch, and local entertainment by DJ Melissa Trainor!



## **Senator Patrick O'Connor**



"Thank you to the Scituate Housing Authority, Launch Cohasset, the Scituate Senior Center, the hardworking volunteers, and others who made the first annual Septemberfest possible. This was a very promising start to a tradition that will continue to bring new and old friends together as the Fall season begins. Events that promote coming together as a community and celebrating one another are what I look forward to joining, and companionship is important for people of all ages. I look forward to joining Septemberfest again next year!"

# SCITUATE HIGH SCHOOL ATHLETES BRING BLOOMING JOY TO SENIOR CITIZENS



#### About:

Scituate High School student-athletes have once again demonstrated their commitment to giving back to the community. Partnering with the Scituate Housing Authority (SHA), these dedicated students recently completed another impactful project under the guidance of SHA employee Cullen Sweeney.

As part of their ongoing "Sailors Serving Seniors" initiative, the students designed and built two perennial gardens. These vibrant gardens promise to bring a splash of color and joy to the lives of the senior citizens when they bloom this coming spring.

This project is yet another example of the students' enthusiasm for making a positive impact on their community. Their dedication not only beautifies the area but also fosters a sense of connection and care between generations.

The "Sailors Serving Seniors" initiative continues to thrive, and these young athletes are already looking forward to their next opportunity to lend a helping hand.

# In The Works ...

# Friendly Neighbor Program

Need a helping hand? This program aims to pair residents in need with neighbors who want to help. It's completely voluntary and dependent on individual needs and individual assistance.

ALSO ... Grief & Bereavement Group run by Cullen Sweeney, LCSW

Interested? Contact RSC Cullen for group or private sessions.

781-545-3375 ext. 200 Cullen@Scituateha.org

### **RESCOURCES WHILE YOU'RE HERE**

<u>South Shore Elder Services</u> Call: 781- 848-3910 sselder.org Home making, Meals on Wheels, Friendly Visitors & More!

<u>Scituate Food Pantry</u> Call: (781) 545-5827 https://www.scituatefoodpantry.com/how-to-get-food.html Assortment of Groceries, Paper Goods & More!

<u>Wellspring Multi Services</u> Call: (781)-925-3211 wellspringmultiservice.org Elder services, SHINE counselors, Veterans resources & More!

<u>Associated Home Care</u> Call: (800)-281-0878 https://www.associatedhomecare.com Home Health Aides, Skilled Nursing care. Alzheimer's/Dementia Care & More!

<u>Launch Cohasset</u> Call: (781)-383-0902 https://soshoresupport.org/employment-program-launch/ Apt. cleaning, Shopping, Trash Removal, Laundry, Pet Service & More!

<u>Scituate Senior Center</u> Call: (781)-545-8722 https://www.scituatema.gov/scituate-senior-center Outreach, Transportation, Day Programs, Lunches, Activities & More!

### **NEXT STEPS & BEYOND**

Assisted Living Locators - Steve Carrier Call: (508)-681-3016 assistedlivinglocators.com/semass Consultations for finding Assisted Living options.

A Place for Mom Call: (866)-678-3913 aplaceformom.com Search bar shows highly rated assisted living centers.

Mass ALA Call: (781)-622-5999 mass-ala.org Helps find an assisted living residence near you.

NVNA And Hospice Care Call: (781)-659-2342 nvna.org Hospice and Palliative care.

Bridges by Epoch Call: (781) 819-2561 (Hingham Location) BridgesbyEPOCH.com Memory Care Assisted Living.

Senior Helpers Call: (800)-760-6389 seniorhelpers.com Alzheimers/Dementia Care, Parkinsons Care, Personal Care & More! • • •



# Resident Margaret Keyes Highlight Lincoln Park

Margaret is known for being a reliable friend and neighbor whenever needed. She is a passionate gardener and loves going on a brisk walk!

Calling all gardeners! Spring is around the corner and we have lots of plans for beautifying the properties. Call the office to volunteer!